

Preston Royal Animal Clinic, Inc.  
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## **Corrective Bland Diet**

If your pet has eaten something that has upset the digestive tract causing **vomiting or diarrhea**, first remove your pet's normal diet and then give your pet **small quantities** of the following foods 2 to 4 times daily. This alone will usually settle the digestive tract.

1. Buttermilk
2. Cottage cheese
3. Hard boiled eggs
4. Cooked rice and lean ground beef
5. Macaroni and cheese: homemade or canned
6. Baby food (non-liver flavors)
7. **Prescription Diet I/D or Purina CNM-EN**

Water should be given in small quantities several times daily. In fact, ice cubes work very well to supply fluids while preventing gulping and subsequent vomiting.

If you do not observe **any response in 24-48 hours**, it would be recommended to make an appointment to have your pet examined. Please examine your pet's vomitus or diarrhea and bring a small representative sample in with your pet.



**This is provided as a courtesy to our clients and is not intended to be a diagnosis or to supercede any direct instructions by your veterinarian.**